

ADJUSTABLE UTILITY BENCH

BOC-F603

- Designed exclusively for the new generation of strength training for use with dumbbells, functional trainers and functional smith machines
- The chromed assist handle can be used as a foot brace when performing exercises such as a mid-row
- The seat back slides up & down. The seat can be used as a knee-hold-down when performing high pull exercises
- Compact, and easy to transport
- Low seat height of only 18 inches makes it comfortable, stable, and easy to grab dumbbells
- Adjusts from flat to incline in 6 different positions; from 0 degrees to 85 degrees
- Construction: 2" X 3", 12-gauge steel tubing
- Upholstery: 2" thick high density foam, top with 1/2" low density foam (for extra comfort!), then covered in black industrial grade vinyl, and upholstered back covers

Overall Weight	Width	Length
70 lbs.	28.5"	50"

FEATURES AND SPECIFICATIONS

Warranty: 10 years frame, 2 years parts and 6 months upholstery