

ROOM ACCESSORIES



AB COASTER

ABS-CS3000

- Heavy-duty steel frame supports up to 450 lbs.
- Adjustable seat pivots left and right to work front and side abdominals
- Hand grips adjust up and down to fit your forearm length perfectly
- Vinyl covered, molded foam pads for complete comfort and durability
- Free-style, swing motion allows you to easily target all areas of the abdominal region
- Weight plate pods add up to 40 lbs. of resistance for advanced fitness levels (weights sold separately)
- Front roller wheels for easy transport



Overall Weight	Width	Length	Height
150 lbs.	33"	61"	58"

FEATURES AND SPECIFICATIONS

Construction: All steel construction

Rails: 1.5" stainless steel rails

Rollers: Ultra-glide nylon rollers

Bearings: Sealed steel bearings

Pads: Urethane molded foam knee/arm pads

User Weight: 450 lbs. weight capacity

Capacity: 40 lbs. weight plate capacity

Moving: Easy-move casters

Finish: Powder-coat finish

Seat: 3-position adjustable seat

Motion: Free-style motion

Assembly: Quick easy assembly

Warranty: 3 years warranty