

## key features & benefits

- ▶ Cordless self-powered technology with hybrid generator provides optimal performance
- ▶ Large 16" LED console with CSAFE power port and USB charging



- ▶ Contact and wireless heart-rate sensors are compatible with industry-leading monitors
- ▶ Wide walk-through design with easy-glide adjustable seat and reclining back support provide safety and comfort for users of all sizes



- ▶ Convenient reading rack/tablet holder and large dual bottle holders that are easily accessible from seated position
- ▶ Oversized pedals with adjustable straps



- ▶ A variety of exercise programs and 25 resistance levels engages users of all abilities
- ▶ Smooth Motion Technology™ delivers a quiet, comfortable and natural ride
- ▶ Zinc-dipped anti-corrosion coating for superior rust protection
- ▶ *OPTIONAL: 16" embedded touchscreen with TV, WiFi and Virtual Connect™ scenic videos*



## R7 RECUMBENT BIKE

*CIR-RB7000-C*

Simulate the feel of the open road while reducing pressure on the knees with the R7 recumbent bike. Easy-to-adjust seating positions and reclining back support provide a comfortable biking experience.



### technical specs

Product Weight: 185 lbs.	Width: 24"	Length: 62"	Height: 52"
<p><b>Power:</b> Self-powered  <b>Certification:</b> CE &amp; generator UL  <b>Resistance Range:</b> 25 levels  <b>Flywheel:</b> 22 lbs.  <b>User Weight:</b> 500 lbs.  <b>Transport Wheels:</b> Easy-to-move with front-mounted dual wheels  <b>Frame:</b> Zinc-dipped, anti-corrosion coated heavy gauge steel  <b>Heart Rate Receiver:</b> Contact &amp; telemetric heart-rate sensors  <b>Display:</b> 16" LED + 8x32 dot-matrix console  <b>Display Feedback:</b> Time, distance, heart-rate, watts, RPM, levels, METs, calories, exercise summary report</p>		<p><b>Programs:</b> Target, rolling, valley, fat burn, ramp, strength, interval, fitness test &amp; 4 HRC  <b>Standard Features:</b> Hand pulse, heart-rate receiver chest belt compatible, reading rack/tablet holder, CSAFE power port &amp; USB charging  <b>Seating:</b> Easy-glide, 13-levels of adjustment with over-sized reclining seat for back support  <b>Warranty:</b> 10 years frame, 3 years parts, 2 years wearable items &amp; 1 year labor*  <i>*Smart warranty extends to 6 years on parts if used in a light commercial setting</i></p>	

**circle**  
FITNESS

