

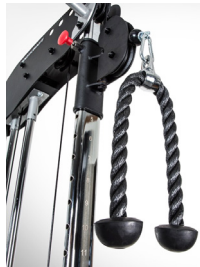
STRENGTH EQUIPMENT



MULTI-FUNCTIONAL TRAINER

BOC-HFT-150

- Exceptionally compact space saving design
- Mounted book describing over 70 exercises
- Designed exclusively for hotels, apartments, corporate fitness centers, police & fire departments and private training studios
- Independent, adjustable cable columns have 30 height positions, and rotate 200 degrees allowing you to train from every angle and any height
- The cables travel 79.5" inches and are constructed of flexible nylon coated, 7 X 19 strand aircraft cable rated at over 2,000 lbs. tensile strength. (BEWARE of cable travel that is significantly further than this. It often means a much lower effective weight of the stack)
- 2,000 lb. tensile strength aircraft cables
- Attached exercise book, long bar, short bar, chin bar, assisted pull up strap, ab slings, ankle strap, and two single handles are all included
- Sealed, internally lubricated bearings at pivot points for exceptionally smooth performance
- **Optional:** 200 lbs. stacks (BOC-HFT-200)



Standard dual 150 lbs. weight stacks upgradable to 200 lbs.

Overall Weight	Weight Stacks	Width	Length	Height
530 lbs.	2 - 150 lbs.	56"	40"	82"

FEATURES AND SPECIFICATIONS

Frame: Heavy 11 gauge, 3.25" x 1.75" oval steel tubing
Finish: Platinum gray and textured black finish
Pulleys: 3.5" diameter, fiberglass impregnated nylon pulleys with sealed ball bearings
Cable: The most flexible nylon coated, 7 X 19 strand aircraft cable rated at over 2,000 lbs. tensile strength
Weight Stack: Dual 150 lbs. weight stacks. The weight stack to user weight ratio is 2:1. Each 150 lb. weight stack provides up to a total of 75 lbs. resistance in 5 lb. increments. This ratio allows for extremely smooth action, lower increment weight increases, and greater range of motion

Weight Stack Enclosures: Protective steel rear stack cover for safety

Guide Rods: Chrome plated 1" diameter tubular steel

Accessories: Attached exercise book, long bar, short bar, tricep rope, chin bar, assisted pull up strap, ankle strap, 2 chains, and two single handles are all included

Warranty: 10 years frame and 2 year parts