

CARDIO EQUIPMENT

PRO ROWING MACHINE BOC-VR500



- Contoured comfort glide seat glides along precision bearing rollers
- Wireless handlebar controls allow you to self-regulate your intensity
- Quick adjust footrest allows for any size foot to comfortably fit into the proper position
- Whisper drive belt is very quiet, smooth, clean and requires no lubrication
- Precision T13 aluminum track boasts 56" in length 39" of seat travel to accommodate any size user
- Electronically controlled air and Eddy Current magnetic resistance
- Console displays: time, distance, calories, pulse, strokes, watts, level, profile and heart rate
- Easy fold and roll system



Overall Weight	Width	Length
101 lbs.	20"	98.5"

FEATURES AND SPECIFICATIONS

Seat Travel Length: 38" (up to 6'6" user height)

Maximum User Weight: 350 lbs.

Computer Features: Display shows time, distance (meters), calories (cal.), pulse, strokes per minute (SPM), watts, level, profile has 4 user profiles, manual mode quick start or set countdown goals, 12 program profiles, heart rate control programs 55%, 75%, 90% and custom, goal programs for time, distance (meters) and watts, recovery program 60 second

test on pulse recovery, PMS system 16/32 levels, power off feature, auto shutdown after 4 minutes of no use

Construction: Powder coated steel with anodized aluminum beam on industrial grade bearings inside nylon wheels

Warranty: 10 years frame, 2 years parts