

## MULTI-FUNCTIONAL GYM BOC-GXP



shown with  
optional leg press

- Press and row station with adjustable starting point. This allows for different size users and also provides a variety of exercises including bench press, incline press, shoulder press and mid row. seat and seat back are adjustable. Back pad tilts to ensure full support when performing incline and shoulder presses
- Unique double-up feature increases the resistance to a 1:2 ratio, providing up to 400 pounds of resistance on the press arm
- Corner unit design for maximum space optimization
- Cable station with adjustable arms, allows for a very wide array of exercises including functional training, sports specific, core training, and exercises that mimic dumbbell training
- Stations for: ab crunch, low rows, abductor and adductor leg kicks, arm curls, upright rows, lat pull downs, and triceps push downs, seated leg extension and standing leg curl
- Sealed, Internally lubricated bearings at pivot points for exceptionally smooth performance
- Space saving design allows placement against a wall
- **Optional:** Leg press attachment for full leg development

Overall Weight	Weight Stack	Width	Length	Height
580 lbs.	1 - 200 lb.	65"	65.75"	81.75"

### FEATURES AND SPECIFICATIONS

**Frame:** Heavy 11 gauge, 3.25" x 1.75" oval steel tubing

**Finish:** Platinum gray finish is electromagnetically applied in powder coated

**Orthopedic Seat Back:** Double stitched vinyl covering 2" thick, dual-density foam; soft on top, dense underneath. Exclusive design of the seat back provides great lumbar support while reducing stress on the spine

**Pulleys:** 4" and 3" diameter, fiberglass impregnated nylon pulleys with sealed ball bearings

**Cable:** The most flexible nylon coated, 7 X 19 strand aircraft cable rated at over 2000 lbs. tensile strength

**Weight Stack:** 200 lbs. in 10 lb. increments. Precision milled cast iron plates with nylon bushings for smooth action

**Weight Stack Enclosures:** Steel weight stack guards provide safety and beauty

**Guide Rods:** Chrome plated 1" diameter tubular steel

**Accessories:** Two multi-position D-ring handles, lat pull bar, row/curl bar, ankle strap, water bottle, workout DVD, workout book are all included. Optional Leg Press

**Warranty:** 10 years frame, 2 year parts and 6 months upholstery