

# CARDIO EQUIPMENT



## ROWING MACHINE

### BOC-VR100

- Easy to read black mask LCD w/LED backlit display and keys
- Electronically controlled air and eddy current magnetic resistance
- Ergonomically correct comfort grip aluminum handlebar with remote resistance controls
- Contoured seat with heavy duty roller bearings
- Deluxe adjustable heel rest with quick adjust foot straps
- Track is a heavy duty I-beam mono-rail - high strength T13 aluminum (3" wide)
- Handle drive premium nylon belt
- Support legs, precision formed, laser cut high strength steel
- Monitor arm has adjustable with easy tilt dual pivot points



Overall Weight	Width	Length
70 lbs.	17"	68"

#### FEATURES AND SPECIFICATIONS

**Seat Travel Length:** 44"

**Maximum User Weight:** 250 lbs.

**Construction:** Aircraft grade aluminum, and steel. The sealed urethane seat glides on industrial grade bearings inside nylon wheels

**Warranty:** 10 years frame, 2 years parts