## CORE BODY & FREE WEIGHT



## VERTICAL KNEE RAISE/DIP BAT-FZ-9

- Angled back pad comfortably cradles user during exercise and allows strict muscle targeting
- Angled arm pads and handles provide ideal stability and eliminate wrist strain
- Step plates allow easy access to exercise





Overall Weight	Width	Depth	Height
137 lbs.	27"	36"	48"
FEATURES AND SPECIFICATIONS			
Warranty: 10 years frame, 3 years parts and 6 months upholstery			