



shown with optional, adjustable functional trainer bench - BOC-F603

MULTI-FUNCTIONAL TRAINER

BOC-HFT-160

- Independent, adjustable cable columns have 30 height positions, and rotate 200 degrees allowing you to train from every angle and any height
- The cables travel 77.5" inches and are constructed of flexible nylon coated, 7 X 19 strand aircraft cable rated at over 2000 lbs. tensile strength. (BEWARE of cable travel that is significantly further than this. It often means a much lower effective weight of the stack)
- Beautiful oval tubing, upgraded paint, and acrylic covers all add up to an exceptional look!
- Quality built and warranted for full club use
- Aircraft 2,000 lb. tensile strength cables
- Mounted book describing over 70 exercises
- Attached exercise book, long bar, short bar, chin bar, assisted pull up strap, ab slings, ankle strap, and two single handles are all included
- Sealed, Internally lubricated bearings at pivot points for exceptionally smooth performance
- Corner unit with space saving design
- **Optional:** 210 lbs. steel stacks (BOC-PFT-210)

Overall Weight	Weight Stacks	Width	Length	Height
735 lbs.	2 - 160 lbs.	53"	40"	83"

FEATURES AND SPECIFICATIONS

Frame: Heavy 11 gauge, 3.25" x 1.75" oval steel tubing

Finish: Platinum gray finish is electromagnetically applied in powder coated

Pulleys: 4" diameter, fiberglass impregnated nylon pulleys with sealed ball bearings

Cable: The most flexible nylon coated, 7 X 19 strand aircraft cable rated at over 2000 lbs. tensile strength

Weight Stack: Dual 160-lbs. graduated steel weight stacks. The weight stack to user weight ratio is 2:1. Each 160 lb. weight stack provides up to a total of 80 lbs. resistance. This ratio allows for extremely smooth action, lower increment weight increases, and greater

range of motion. The first 10 plates on each stack are 5 lbs. each, providing 2.5 lbs. resistance. The final 10 plates on each stack are 10 lbs. each, providing 5 lbs. resistance

Weight Stack Enclosures: Full length acrylic panels provide safety and beauty

Guide Rods: Chrome plated 1" diameter tubular steel

Accessories: Attached exercise book, long bar, short bar, chin bar, assisted pull up strap, ab slings, ankle strap, and two single handles are all included

Warranty: 10 years frame and 2 year parts