TRUE

400 ELLIPTICAL

The C400 Elliptical uses a small and compact footprint allowing you to place this elliptical machine in tight spaces where a traditional front or rear-drive elliptical might not work. Plus, your users will love the unique Cardio 360™ programming that acts like their own personal trainer in the machine, walking them through a 20-minute, total-body workout that no other elliptical on the market can deliver.

CARDIO 360™

a guided workout to engage the upper, core, and lower body with varying resistance.

FEATURES

- Self-Generating
- Core Drive® System
- Hybrid Self-Generating Brake
- 21" Stride Length
- Non-Slip Rubber Side Steps

SPECIFICATIONS

DIMENSIONS (L X W X H)

63" x 32" x 64" / 160.02 cm x 81.28 cm x 162.56 cm

Q-FACTOR

2.5" / 6.35 cm

STEP-UP HEIGHT

8" / 20.32 cm

PRODUCT WEIGHT

340 lbs / 154 kg

COLOR

Charcoal/Black



CONSOLE OPTIONS







ENVISION WITH COMPASS



ENVISION 9



EMERGE

Non-Slip Rubber with Textured Pattern Side step design

400 SERIES



C400 ELLIPTICAL

	TECHNICAL SPECIFICATIONS	Power Source	110V, Self-Generating (with Emerge or Envision 9), 220V Option Available (with Envision 16)
		Cord Length	10' / 3.0 M
Resistance Sub Modernam Windows 45 Works France Construction 25 Victor Language Steel Stride Longuage 21 V 55 om France Construction 21 V 55 om Handed Bodiesis 12 V 50 om Mail SEE 21 V 55 om Vision Step Design 12 V 50 om Mail SEE 21 V 50 om Vision Step Design 12 V 50 om Polisher Retark Marketing 12 V 50 om Polisher Retark Retark Marketing 12 V 50 om Polisher 2 V 50 om Polisher 3		Drive System	Core Drive™
Prime Pri		Total Body Workout	Cardio 360™
		Resistance Source	Hybrid Self-Generating Brake
		Maximum Workload	450 Watts
Fortish Am Fo		Frame Construction	Robotically Welded Heavy-Gauge Steel
Function American Design Function American		Stride Length	21" / 53 cm
Handrail Design Side Step Design Non-Silp Rubber with Textured Pattern Contact Heart Rate Monitoring Yes Wirelass Heart Rate Monitoring Polar [®] Compatible Wirelass Heart Rate Monitoring Polar Compatible Carrier Body Isolation Yes Carrier Body Isolation		Footpad	Soft Step Cushioned Anti-Fatigue Material
Side Step Design Nor-Silip Rubber with Textured Pattern Contact Heart Rate Monitoring Pose Pos		Exercise Arms	Ergonomic Handles with Moisture-Resistant Sleeves
Contact Heart Rate Monitoring Yes Wireless Heart Rate Monitoring Pola*® Compatible Wireless Heart Rate Monitoring Pola*® Compatible Wireless Heart Rate Monitoring Envision, Envision with Compass, Envision 9, Emerge ASSET TRACKING Ecrif Compatible Yes Cardio 360™ Upper Body Isolation Yes Lower Body Isolation Yes Total Body Yes Total Body Yes Total Body Standard Extended Handraii Standard Extra Activity Guard (removable) Standard EXTRAS Accessoris Standard Standard (removable) Standard EXTRAS Accessoris Standard Standard (removable) Standard Standard (removable) Standard Standard (removable) Standard EXTRAS Accessoris Standard Standard (removable) Standard Stan		Handrail Design	Extended Handrails with Molded Rubber, Moisture-Resistant Grips
AVAILABLE CONSOILES Wireless Heart Rate Monitoring Pola*® Compatible AVAILABLE CONSOILES Excrit compatible ASSET TRACKING Eccrit Compatible Cardio 360™ Upper Body loslation Yes Cardio 360™ Upper Body loslation Yes SAFETY Side Steps Standard Extended Handrails Standard ACRIVITY Guard (removable) Standard REGULATORY APPROVAL ETL ULI 547, CSA, CE, EN957, FCC EXTRAS Accessories Weter Bottle Holder, Accessory Tray, Over Molded Reading Rack/Tablet Holder SPECIFICATIONS Footprint 50° 1.4 x 32° W x 64° H / 180.02 cm x 81.28 cm x 162.56 cm SPECIFICATIONS Active Footprint 74° Lx 32° W x 64° H / 187.98 cm x 81.28 cm x 162.56 cm SPECIFICATIONS Active Footprint 30° 10s / 188 kg GAILLY FOOTPRINT 40° 10s / 181 kg G		Side Step Design	Non-Slip Rubber with Textured Pattern
AVAILABLE CONSIDE Envision Envision With Compass, Envision 9, Emerge ASSET TRACKINS Ecofit Compatible Cardio 360™ Upper Body Isolation 7 se Cardio 360™ Upper Body Isolation 7 se Extery Side Steps 1 stondard Extery Side Steps 1 stondard Extended Handralis 5 stondard Activity Guard (memods) 5 stondard EXTERS Accessorie 1 stull Jaff, CSAC E, ENS57, FCC EXTERS Accessorie 1 stull Jaff, CSAC E, ENS57, FCC EXTERS Accessorie 1 stull Jaff, CSAC E, ENS57, FCC EXTERS Accessorie 4 stull bilder, Accessory Tray, Over Molded Reading Rack/Tablet Holder EXTERS Accessorie 4 stull bilder, Accessory Tray, Over Molded Reading Rack/Tablet Holder EXTERS Accessorie 4 stull bilder, Accessory Tray, Over Molded Reading Rack/Tablet Holder EXTERS Accessorie 4 stull bilder, Accessory Tray, Over Molded Reading Rack/Tablet Holder EXTERS Accessorie 4 stull bilder, Accessory Tray, Over Molded Reading Rack/Tablet Holder EXTERS 4 stull bilder, Accessorie 4 s		Contact Heart Rate Monitoring	Yes
ASET TRACKING		Wireless Heart Rate Monitoring	Polar® Compatible
Cardio 360™ Upper Body Isolation Yes Lower Body Isolation Yes SAFETY Side Steps Standard Extended Handralis Standard Activity Guard (removable) Standard Activity Guard (removable) Standard EXTRAS Accessories Water Buttle Holder, Accessory Tray, Over Molded Reading Rack/Tablet Holder EXTRAS Accessories Water Bottler Holder, Accessory Tray, Over Molded Reading Rack/Tablet Holder EXTRAS Accessories Water Bottler Holder, Accessory Tray, Over Molded Reading Rack/Tablet Holder EXTRAS Accessories Water Bottler Holder, Accessory Tray, Over Molded Reading Rack/Tablet Holder EXTRAS Accessories Water Bottler Holder, Accessory Tray, Over Molded Reading Rack/Tablet Holder EXTRAS Accessories Water Bottler Holder, Accessory Tray, Over Molded Reading Rack/Tablet Holder EXTRAS Accessories Accessories Accessories Accessories Machier Footprin Identified Accessories Accessories Accessories Accessories Accessories	AVAILABLE CONSOLES		Envision, Envision with Compass, Envision 9 , Emerge
Lower Body Isolation Yes SAFETY Side Steps Standard REGULATORY APPROVATION Standard REGULATORY APPROVATION ETL UL1647, CSA, CE, EN957, FCC EXTRAS Accessories Water Bottle Holder, Accessory Tray, Over Molded Reading Rack/Tablet Holder EXPECIFICATIONS Footprin 63° L x 32° W x 64" H / 187.96 cm x 81.28 cm x 162.56 cm PHYSICAL SPECIFICATIONS Active Footprin 74° L x 32° W x 64" H / 187.96 cm x 81.28 cm x 162.56 cm Additive Footprin 74° L x 32° W x 64" H / 187.96 cm x 81.28 cm x 162.56 cm Machine Weight 30 lbs / 154 kg Machine Weight 40 lbs / 158 kg Maximum User Weight 40 lbs / 181 kg Step-Up Height 8' / 20.32 cm WARRANTY Warranty Classification Commercial Warranty Classification Commercial Lifetime Lifetime Lifetime 5 evers (Envisionis, Console is 3 years)	ASSET TRACKING		EcoFit Compatible
SAFETY Side Step Schander Extendee Handrails Schander REGULATORY APPROVALS ET UL LIGAT, CSA, CE, EN957, FCC EXTRAS Accessories Water Bottle Holder, Accessory Tray, Over Molded Reading Rack/Tablet Holder PRYSICAL SPECIFICATIONS Footpril 3° ½ x 3° W x 64" H / 160.02 cm x 81.28 cm x 162.56 cm BEACH Shipping Weight 40 lbs / 154 kg Machine Weight 30 lbs / 156 kg Maximum User Weight 40 lbs / 181 kg Step-Up Height 6° / 20.32 cm WARRANTY Warranty Classification Commercial Warranty Classification Commercial Fermina Lifetime Left Service 5 years (Envisionis, Console is 3 years)	Cardio 360™	Upper Body Isolation	Yes
SAFETY Side Steps Schadard Extended Handrails Schadard Activity Guard (removable) Schadard REGULATORY APPRIVATION PROPERTY ETU L1647, CSA, CE, EN957, FCC EXTRAS Accessories Mare Bottle Holder, Accessory Tray, Over Molded Reading Rack/Tablet Holder EXTRAS Accessories Mare Bottle Holder, Accessory Tray, Over Molded Reading Rack/Tablet Holder EXTRAS Accessories Mare Bottle Holder, Accessory Tray, Over Molded Reading Rack/Tablet Holder EXTRAS Accessories Mare Bottle Holder, Accessory Tray, Over Molded Reading Rack/Tablet Holder BOTT Foot Foot Foot Foot Foot Bottle Holder, Accessory Tray, Over Molded Reading Rack/Tablet Holder Accessories Accessories Accessories Accessories Accessories		Lower Body Isolation	Yes
Extended Handrails Standard Activity Guard (removable) Standard REGULATORY APPROVALS ETL UL1647, CSA, CE, EN957, FCC EXTRAS Accessories Water Bottle Holder, Accessory Tray, Over Molded Reading Rack/Tablet Holder PHYSICAL SPECIFICATIONS Active Footprint 63° L x 32° W x 64" H / 160.02 cm x 81.28 cm x 162.56 cm Active Footprint 74" L x 32" W x 64" H / 187.96 cm x 81.28 cm x 162.56 cm Active Footprint 74" L x 32" W x 64" H / 187.96 cm x 81.28 cm x 162.56 cm Active Footprint 74" L x 32" W x 64" H / 187.96 cm x 81.28 cm x 162.56 cm Active Footprint 340 lbs / 154 kg Shipping Weight 409 lbs / 156 kg Maximum User Weight 400 lbs / 181 kg Step-Up Height 8" / 20.32 cm Portability 2 Front Transport Wheels & Removable Handles WARRANTY Warranty Classification Commercial Fram Lifetime Parts 5 Years (Envision¹is, Console is 3 years)		Total Body	Yes
Activity Guard (removable) Standard REGULATORY APPROVALS ETL UL1647, CSA, CE, EN957, FCC EXTRAS Accessories Water Bottle Holder, Accessory Tray, Over Molded Reading Rack/Tablet Holder PHYSICAL SPECIFICATIONS Active Footprint 74" L x 32" W x 64" H / 160.02 cm x 81.28 cm x 162.56 cm Active Footprint 74" L x 32" W x 64" H / 187.96 cm x 81.28 cm x 162.56 cm Active Footprint 74" L x 32" W x 64" H / 187.96 cm x 81.28 cm x 162.56 cm Active Footprint 340 lbs / 154 kg Allos	SAFETY	Side Steps	Standard
ECULATORY APPROVALS ETL UL1647, CSA, CE, EN957, FCC EXTRAS Accessories Water Bottle Holder, Accessory Tray, Over Molded Reading Rack/Tablet Holder PHYSICAL SPECIFICATIONS Footprint 74" L x 32" W x 64" H / 160.02 cm x 81.28 cm x 162.56 cm Active Footprint 74" L x 32" W x 64" H / 187.96 cm x 81.28 cm x 162.56 cm OF-Factor 2.5" / 6.35 cm Machine Weight 340 lbs / 154 kg Shipping Weight 409 lbs / 186 kg Maximum User Weight 400 lbs / 181 kg Step-Up Height 8" / 20.32 cm Portability 2 Front Transport Wheels & Removable Handles WARRANTY Warranty Classification Commercial Frame Lifetime Parts 5 Years (Envision) ¹⁸ , Console is 3 years)		Extended Handrails	Standard
PHYSICAL SPECIFICATIONS Footprint Fo		Activity Guard (removable)	Standard
PHYSICAL SPECIFICATIONS Active Footprint 74" L x 32" W x 64" H / 160.02 cm x 81.28 cm x 162.56 cm	REGULATORY APPROVALS	}	ETL UL1647, CSA, CE, EN957, FCC
Active Footprint 74" L x 32" W x 64" H / 187.96 cm x 81.28 cm x 162.56 cm	EXTRAS	Accessories	Water Bottle Holder, Accessory Tray, Over Molded Reading Rack/Tablet Holder
O-Factor 2.5" / 6.35 cm Machine Weight 340 lbs / 154 kg Shipping Weight 409 lbs / 186 kg Maximum User Weight 400 lbs / 181 kg Step-Up Height 8" / 20.32 cm Portability 2 Front Transport Wheels & Removable Handles WARRANTY Warranty Classification Commercial Frame Lifetime Perts 5 Years (Envision 16, Console is 3 years)	PHYSICAL SPECIFICATIONS	Footprint	63" L x 32" W x 64" H / 160.02 cm x 81.28 cm x 162.56 cm
Machine Weight 340 lbs / 154 kg Shipping Weight 409 lbs / 186 kg Maximum User Weight 400 lbs / 181 kg Step-Up Height 8" / 20.32 cm Portability 2 Front Transport Wheels & Removable Handles WARRANTY Warranty Classification Commercial Frame Lifetime Parts 5 Years (Envision 16, Console is 3 years)		Active Footprint	74" L x 32" W x 64" H / 187.96 cm x 81.28 cm x 162.56 cm
Shipping Weight 409 lbs / 186 kg Maximum User Weight 400 lbs / 181 kg Step-Up Height 8" / 20.32 cm Portability 2 Front Transport Wheels & Removable Handles WARRANTY Warranty Classification Commercial Frame Lifetime Parts 5 Years (Envision 16, Console is 3 years)		Q-Factor	2.5" / 6.35 cm
Maximum User Weight 400 lbs / 181 kg Step-Up Height 8" / 20.32 cm Portability 2 Front Transport Wheels & Removable Handles WARRANTY Warranty Classification Commercial Frame Lifetime Perts 5 Years (Envision 16, Console is 3 years)		Machine Weight	340 lbs / 154 kg
Step-Up Height 8" / 20.32 cm Portability 2 Front Transport Wheels & Removable Handles WARRANTY Warranty Classification Commercial Frame Lifetime Parts 5 Years (Envision 16, Console is 3 years)		Shipping Weight	409 lbs / 186 kg
Portability 2 Front Transport Wheels & Removable Handles WARRANTY Warranty Classification Commercial Frame Lifetime Parts 5 Years (Envision 16, Console is 3 years)		Maximum User Weight	400 lbs / 181 kg
WARRANTY Warranty Classification Commercial Frame Lifetime Parts 5 Years (Envision ¹⁶ , Console is 3 years)		Step-Up Height	8" / 20.32 cm
Frame Lifetime Parts 5 Years (Envision ¹⁶ , Console is 3 years)		Portability	2 Front Transport Wheels & Removable Handles
Parts 5 Years (Envision ¹⁶ , Console is 3 years)	WARRANTY	Warranty Classification	Commercial
		Frame	Lifetime
Labor 2 Years	_	Parts	5 Years (Envision ¹⁶ , Console is 3 years)
		Labor	2 Years

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.



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