# TRUE

### **400 UPRIGHT BIKE**

The C400 Upright Bike combines quality materials with smart design for an overall package that is unbeatable in performance and durability. With one of the lowest stepover heights in the industry, the C400 offers a safe and easy entry for users of all ages and fitness levels. Plus, the small footprint allows you to maximize the premium space in your facility. Multiple console options provide customizable features, technology and asset management capabilities for enhanced user engagement.

#### **FEATURES**

- Self-Generating
- Single Stage Drive System
- 3-Piece Forged Steel Crank System
- 30 Resistance Levels
- Dual Sided Pedals with Ratcheting Strap

#### **SPECIFICATIONS**

#### **DIMENSIONS** (L X W X H)

44" x 24" x 59" / 111.76 cm x 60.96 cm x 149.86 cm

#### **STEP-OVER HEIGHT**

18" / 45.72 cm

#### **DRIVE SYSTEM**

Single Stage Drive System with Poly-V Belts

#### **PRODUCT WEIGHT**

146 lbs / 66 kg

#### COLOR

Charcoal/Black

#### **CONSOLE OPTIONS**



**ENVISION** 







ENVISION WITH COMPASS

**ENVISION 9** 

**EMERGE** 



## 400 SERIES



#### C400 UPRIGHT BIKE

Machine Weight			
Drive System   Single Stage Drive System with Poly-V Belts	TECHNICAL SPECIFICATIONS	Power Source	Optional 110V, Self-Generating (with Emerge or Envision 9), 220V Option Available (with Envision <sup>16</sup> )
		Cord Length	10' / 3.0 M
Resistance Source   Hybrid Self-Generating Brake   Resistance Levels   30   30   30   30   30   30   30   3		Drive System	Single Stage Drive System with Poly-V Belts
Resistance Levels   Workload Range   Workload Range   20-450 Watts   Robotically Welded Heavy-Gauge Steel   Pedals   Dual Sided and Weighted with Integrated Ratcheting Strap   Dual Sided and Weighted with Integrated Ratcheting Strap   Multi Position with Moisture-Resistant Sleeves   Tenonic Seat with 15 Position Settings   Multi Position with Moisture-Resistant Sleeves   Wireless Heart Rate Monitoring   Yes   Wireless Heart Rate Monitoring   Polar® Compatible   Envision, Envision with Compass, Envision 9, Emerge   Polar® Consolices   Envision, Envision with Compass, Envision 9, Emerge   Polar® Consolices   Envision, Envision with Compass, Envision 9, Emerge   Polar® Consolices   Envision, Envision with Compass, Envision 9, Emerge   Polar® Consolices   Envision, Envision with Compass, Envision 9, Emerge   Polar® Consolices   Polar® C		Crank	3-Piece Forged Steel Crank System with Sealed Bearings
Workload Range   Frame Construction   Robotically Welded Heavy-Gauge Steel		Resistance Source	Hybrid Self-Generating Brake
Frame Construction   Robotically Welded Heavy-Gauge Steel		Resistance Levels	30
Pedals Dual Sided and Weighted with Integrated Ratcheting Strap  Seat Ergonomic Seat with 15 Position Settings  Handlebar Design Multi Position with Moisture-Resistant Sleeves  Contact Heart Rate Monitoring Yes  Wireless Heart Rate Monitoring Polar® Compatible  ANAILABLE CONSOLES  ASSET MANAGEMENT EcoFit  REGULATORY APPROVALS ECTIL UL1647, CSA, CE, EN957, FCC, AS4092, C-TICK  EXTRAS Accessories Water Bottle Holder, Accessory Tray, Over Molded Reading Rack/Tablet Holder  PHYSICAL Footprint 44" L x 24" W x 59" H / 111.76 cm x 60.96 cm x 149.86 cm  Machine Weight 152 lbs / 68 kg  Maximum User Weight 162 lbs / 68 kg  Maximum User Weight 18" / 45.72 cm  Purtability 2 Front Transport Wheels  WARRANTY Warranty Type Commercial  Frame Lifetime  Parts 5 Years (Envision in Console is 3 years)		Workload Range	20-450 Watts
Form Price   For		Frame Construction	Robotically Welded Heavy-Gauge Steel
Handlebar Design Contact Heart Rate Monitoring Ves  Wireless Heart Rate Monitoring Ves  Wireless Heart Rate Monitoring Ves  AVAILABLE CONSOLES  Wireless Heart Rate Monitoring Ves  EcoFit EcoFit EcoFit UL1647, CSA, CE, EN957, FCC, AS4092, C-TICK  EXTRAS Accessories Veter Bottle Holder, Accessory Tray, Over Molded Reading Rack/Teblet Holder  EXTRAS Accessories Veter Bottle Holder, Accessory Tray, Over Molded Reading Rack/Teblet Holder  EXTRAS Accessories Veter Bottle Holder, Accessory Tray, Over Molded Reading Rack/Teblet Holder  EXTRAS Accessories Veter Bottle Holder, Accessory Tray, Over Molded Reading Rack/Teblet Holder  EXTRAS Accessories Veter Bottle Holder, Accessory Tray, Over Molded Reading Rack/Teblet Holder  EXTRAS Accessories Veter Bottle Holder, Accessory Tray, Over Molded Reading Rack/Teblet Holder  EXTRAS Accessories Veter Bottle Holder, Accessory Tray, Over Molded Reading Rack/Teblet Holder  EXTRAS Accessories Veter Bottle Holder, Accessory Tray, Over Molded Reading Rack/Teblet Holder  EXTRAS Accessories Veter Bottle Holder, Accessory Tray, Over Molded Reading Rack/Teblet Holder  EXTRAS Accessories Veter Bottle Holder, Accessory Tray, Over Molded Reading Rack/Teblet Holder  EXTRAS Accessories Veter Bottle Holder, Accessory Tray, Over Molded Reading Rack/Teblet Holder  EXTRAS Accessories Veter Bottle Holder, Accessory Tray, Over Molded Reading Rack/Teblet Holder  EXTRAS Accessories Veter Bottle Holder, Accessory Tray, Over Molded Reading Rack/Teblet Holder  EXTRAS Accessories Veter Bottle Holder, Accessory Tray, Over Molded Reading Rack/Teblet Holder  EXTRAS Accessories Veter Bottle Holder, Accessory Tray, Over Molded Reading Rack/Teblet Holder  EXTRAS Accessories Veter Bottle Holder		Pedals	Dual Sided and Weighted with Integrated Ratcheting Strap
Contact Heart Rate Monitoring   Yes     Wireless Heart Rate Monitoring   Polar® Compatible     AVAILABLE CONSOLES   Envision, Envision with Compass, Envision 9 , Emerge     ASSET MANAGEMENT   EcoFit     REGULATORY APPROVALS   ETL UL1647, CSA, CE, EN957, FCC, AS4092, C-TICK     EXTRAS   Accessories   Water Bottle Holder, Accessory Tray, Over Molded Reading Rack/Tablet Holder		Seat	Ergonomic Seat with 15 Position Settings
Wireless Heart Rate Monitoring Polar® Compatible  AVAILABLE CONSOLES  ASSET MANAGEMENT EcoFit  REGULATORY APPROVALS ETL UL1647, CSA, CE, EN967, FCC, AS4092, C-TICK  EXTRAS Accessories Water Bottle Holder, Accessory Tray, Over Molded Reading Rack/Tablet Holder  PHYSICAL Footprint 4" L x 24" W x 59" H / 111.76 cm x 60.96 cm x 149.86 cm  SPECIFICATIONS  Machine Weight 152 lbs / 69 kg  Maximum User Weight 18" / 45.72 cm  Portability 2 Front Transport Wheels  WARRANTY Warranty Type Commercial  Frame Lifetime  Parts 5 Years (Envision¹¹¹ Console is 3 years)		Handlebar Design	Multi Position with Moisture-Resistant Sleeves
AVAILABLE CONSOLES  ASSET MANAGEMENT ECOFIT  REGULATORY APPROVALS ETL UL1647, CSA, CE, EN957, FCC, AS4092, C-TICK  EXTRAS Accessories Water Bottle Holder, Accessory Tray, Over Molded Reading Rack/Tablet Holder  PHYSICAL SPECIFICATIONS  Machine Weight 146 lbs / 66 kg  Shipping Weight 152 lbs / 69 kg  Maximum User Weight 400 lbs / 181 kg  Step-Over Height 18" / 45.72 cm  POrtability 2 Front Transport Wheels  WARRANTY Warranty Type Commercial  Frame Lifetime  Parts 5 Years (Envision 1s S years)		Contact Heart Rate Monitoring	Yes
CONSOLES           ASSET MANAGEMENT         EcoFit           REGULATORY APPROVALS         ETL UL1647, CSA, CE, EN957, FCC, AS4092, C-TICK           EXTRAS         Accessories         Water Bottle Holder, Accessory Tray, Over Molded Reading Rack/Tablet Holder           PHYSICAL SPECIFICATIONS         Footprint         44" L x 24" W x 59" H / 111.76 cm x 60.96 cm x 149.86 cm           Machine Weight         146 lbs / 66 kg           Shipping Weight         152 lbs / 69 kg           Maximum User Weight         400 lbs / 181 kg           Step-Over Height         18" / 46.72 cm           Portability         2 Front Transport Wheels           WARRANTY         Warranty Type         Commercial           Frame         Lifetime           Parts         5 Years (Envision¹6 Console is 3 years)		Wireless Heart Rate Monitoring	Polar® Compatible
EXTRAS Accessories Water Bottle Holder, Accessory Tray, Over Molded Reading Rack/Tablet Holder  PHYSICAL SPECIFICATIONS  Machine Weight 146 lbs / 66 kg  Shipping Weight 152 lbs / 69 kg  Maximum User Weight 18" / 45.72 cm  Portability 2 Front Transport Wheels  WARRANTY  Warranty Type Commercial  Frame Lifetime  Parts 5 Years (Envision 16 Console is 3 years)	AVAILABLE CONSOLES		Envision, Envision with Compass, Envision 9 , Emerge
EXTRAS Accessories Water Bottle Holder, Accessory Tray, Over Molded Reading Rack/Tablet Holder  PHYSICAL SPECIFICATIONS  Machine Weight 146 lbs / 66 kg  Shipping Weight 152 lbs / 69 kg  Maximum User Weight 400 lbs / 181 kg  Step-Over Height 18" / 45.72 cm  Portability 2 Front Transport Wheels  WARRANTY Warranty Type Commercial  Frame Lifetime  Parts 5 Years (Envision 16 Console is 3 years)	ASSET MANAGEMENT		EcoFit
PHYSICAL   SPECIFICATIONS   Machine Weight   146 lbs / 66 kg	REGULATORY APPROVALS		ETL UL1647, CSA, CE, EN957, FCC, AS4092, C-TICK
Machine Weight	EXTRAS	Accessories	Water Bottle Holder, Accessory Tray, Over Molded Reading Rack/Tablet Holder
Shipping Weight 152 lbs / 69 kg  Maximum User Weight 400 lbs / 181 kg  Step-Over Height 18" / 45.72 cm  Portability 2 Front Transport Wheels  WARRANTY Warranty Type Commercial  Frame Lifetime  Parts 5 Years (Envision 16 Console is 3 years)	PHYSICAL SPECIFICATIONS	Footprint	44" L x 24" W x 59" H / 111.76 cm x 60.96 cm x 149.86 cm
Maximum User Weight 400 lbs / 181 kg  Step-Over Height 18" / 45.72 cm  Portability 2 Front Transport Wheels  WARRANTY Warranty Type Commercial  Frame Lifetime  Parts 5 Years (Envision 16 Console is 3 years)		Machine Weight	146 lbs / 66 kg
Step-Over Height 18" / 45.72 cm  Portability 2 Front Transport Wheels  WARRANTY Warranty Type Commercial  Frame Lifetime  Parts 5 Years (Envision¹8 Console is 3 years)		Shipping Weight	152 lbs / 69 kg
Portability 2 Front Transport Wheels  WARRANTY Warranty Type Commercial  Frame Lifetime  Parts 5 Years (Envision <sup>16</sup> Console is 3 years)		Maximum User Weight	400 lbs / 181 kg
WARRANTY Warranty Type Commercial Frame Lifetime Parts 5 Years (Envision <sup>16</sup> Console is 3 years)		Step-Over Height	18" / 45.72 cm
Frame Lifetime  Parts 5 Years (Envision <sup>16</sup> Console is 3 years)		Portability	2 Front Transport Wheels
Parts 5 Years (Envision <sup>18</sup> Console is 3 years)	WARRANTY	Warranty Type	Commercial
		Frame	Lifetime
Labor 2 Years		Parts	5 Years (Envision <sup>16</sup> Console is 3 years)
		Labor	2 Years

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.

