

LIGHT  
COMMERCIAL



SMALL FOOTPRINT  
BIG VALUE

CROSS-TRAINERS

PROBIO

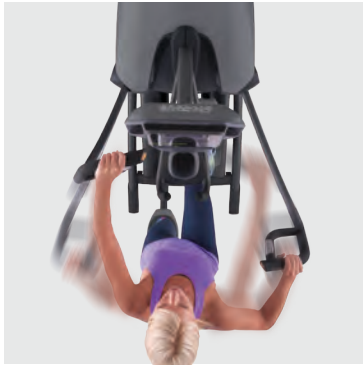


Standard  
Console



#### OCTANE ADVANTAGES

- Space-saving design
- Low step-up height
- MultiGrip & Converging Path handlebars
- Close pedal spacing
- Advanced training — 30:30
- Workout Boosters



### UPPER-BODY ERGONOMICS

Patented MultiGrip and Converging Path handlebars engage the upper body and custom-fit exercisers.



### 30:30 INTERVAL

Train like the pros with the 30:30 Interval challenge, which incorporates intense bouts of work, followed by recovery.



### REAL RUNNING MOTION

Delivers supremely comfortable, natural movement and flow, both forward and backward.



### ARMBLASTER

For an unrivaled total-body experience, this workout combines cardio with intense upper-body strength intervals.

## Pro310 Specifications

• Standard ○ Optional

### KEY MECHANICAL FEATURES

|  |               |
|--|---------------|
| Light-commercial grade                     | •             |
| Stride length                              | 20.5" (52 cm) |
| Close pedal spacing                        | 1.8" (4.5 cm) |
| Low step-up height                         | •             |
| MultiGrip™ and Converging Path™ handlebars | •             |
| Moving handlebar lock-out option           | •             |
| Phone holder                               | •             |
| Water bottle holder                        | •             |
| Tablet/reading rack                        | •             |
| Transport wheels                           | •             |

### ELECTRONIC FEATURES

|   |    |
|---|----|
| Resistance levels                                   | 20 |
| Digital contact heart rate on stationary handlebars | •  |
| Wireless heart rate ready (Polar®)                  | •  |
| HeartLogic™ Intelligence                            | •  |

### WORKOUTS

|                    |    |
|--------------------|----|
| Number of programs | 12 |
|--------------------|----|

### PRESET PROGRAMS

|                 |   |
|-----------------|---|
| Manual          | • |
| Random          | • |
| Custom Interval | • |
| Beginner        | • |
| 10K             | • |

### HEART RATE-CONTROLLED PROGRAMS

|                            |   |
|----------------------------|---|
| Heart Rate Fat Burn        | • |
| Heart Rate Cardio          | • |
| Heart Rate Custom Interval | • |

### ADVANCED PROGRAMS

|                |   |
|----------------|---|
| 30:30 Interval | • |
| 350 Calories   | • |
| 750 Calories   | • |
| Half Marathon  | • |

### WORKOUT BOOSTERS

|              |   |
|--------------|---|
| X-Mode™      | • |
| GluteKicker™ | • |
| ArmBlaster   | • |

### ENTERTAINMENT OPTIONS

|                          |   |
|--------------------------|---|
| Personal Viewing Screen* | ○ |
|--------------------------|---|

### PRODUCT SPECIFICATIONS

|                               |                               |
|-------------------------------|-------------------------------|
| Max user weight               | 300 lbs<br>(136 kg)           |
| Footprint (W x L)             | 31" x 65"<br>(79 cm x 165 cm) |
| Footprint - live area (W x L) | 34" x 76"<br>(87 cm x 193 cm) |
| Product weight                | 260 lbs<br>(118 kg)           |

### WARRANTY

|       |                   |
|-------|-------------------|
|       | VERTICAL FACILITY |
| Frame | Lifetime          |
| Parts | 2 years           |
| Labor | 1 year            |

\*External controller required



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# HOTEL FITNESS®

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