

XT3700

CONVERGE ON THE BEST-FEELING ELLIPTICAL

The preferred model by health club members, Octane's incredibly popular XT3700 is known for delivering the absolute best-feeling workouts.

OCTANE ADVANTAGES

- MultiGrip™ & Converging Path™ handlebars
- Biomechanically correct pedal spacing
- Advanced training – 30:30 and MMA
- Exclusive Workout Boosters
- CROSS CIRCUIT® compatible



UPPER-BODY ERGONOMICS

Patented, one-of-a-kind MultiGrip and Converging Path handlebars better engage the upper body and custom fits exercisers.



MMA

Mimics real-life MMA bouts and gives participants an effective training routine like a fighter in the ring.



REAL RUNNING MOTION

Delivers supremely comfortable natural movement and flow, both forward and backward, without stress on the joints.



LCD EXPERIENCE

Satisfy every member with individual viewing screens for the ultimate interactive workout experience.

WHO USES OCTANE?

HEALTH CLUBS

24 Hour Fitness
Anytime Fitness
Athletes Performance, Inc. (EXOS)
Crunch
Equinox
Gold's Gym
Life Time Fitness
Powerhouse Gyms
Retro Fitness
Snap Fitness
UFC Gym
YMCA

COLLEGES/ UNIVERSITIES

Columbia University
Duke University
Georgetown
Michigan State University
Texas A&M
UMASS
University of Iowa
University of Kentucky
University of Minnesota
University of Wisconsin

CORPORATE WELLNESS CENTERS

Anheuser-Busch
Delta Air Lines
Facebook
Ford Motor Company
General Electric
Alphabet, Inc. (Google)
Intel
Johnson & Johnson
Procter & Gamble
Reebok Corporation

MILITARY/ GOVERNMENT

Naval Special Warfare Group Four
Fort Bragg (Special Operations)
Joint Bas Langley - Eustis
Macdill Air Force Base (Special Operations Command)
MOD (Ministry of Defence)
Nellis Air Force Base
Patrick Air Force Base
Scott Air Force Base
U.S. Coast Guard
U.S. Naval Academy

HIIT TRAINING

Workout Boosters featured on the console add interval training to any workout program

ADVANCED PROGRAMS

Challenging advanced programs: MMA, 30:30, HR Interval

ENTERTAINMENT OPTIONS

Choose from a smart or standard console plus a personal viewing screen or 900 Mhz

MULTIGRIP™ AND CONVERGING PATH™

More effectively activates the upper-body

ACCESSORIES

Compatible with the CROSS CIRCUIT kit or side steps to enhance the user experience

SMOOTH MOTION

Natural, comfortable movement that feels great

SPACE-EFFICIENT DESIGN

Significantly shorter than other ellipticals

XT3700 SPECIFICATIONS

• Standard • Optional

KEY MECHANICAL FEATURES

Stride length	24" (61 cm)
Close pedal spacing	1.8" (4.5 cm)
Low step-up height	•
Covered track and rollers	•
MultiGrip™ and Converging Path™ handlebars	•
Moving handlebar lock-out option	•
CROSS CIRCUIT compatible	•
Phone holder	•
Water bottle holder	•
Tablet/reading rack*	•
Transport wheels	•

ELECTRONIC FEATURES

Resistance levels	30
Digital contact heart rate on stationary handlebars	•
Wireless heart rate ready (ANT+™ and Polar®)	•
Console fan (3 speeds)	•
Self-powered (standard console only)	•
Mobile device charging via USB port	•
Replaceable headphone jack	•
CSAFE®	•

CONSOLE OPTIONS

Smart	10" (25.4 cm) capacitive touch screen
Standard	Large LED display with integrated capacitive buttons

ENTERTAINMENT OPTIONS

Personal Viewing Screen	•
Wireless 900 Mhz	•

WORKOUTS

Number of programs	17
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PRESET RESISTANCE PROGRAMS

Manual	•
Random	•
Interval	•
Distance goal	•
Calorie goal	•

HEART RATE-CONTROLLED PROGRAMS

Fat Burn	•
Heart Rate Interval	•

ADVANCED PROGRAMS

CROSS CIRCUIT Solo	•
CROSS CIRCUIT Group	•
CROSS CIRCUIT Total body blast*	•
CROSS CIRCUIT Lower body blast*	•
CROSS CIRCUIT Upper body blast*	•
CROSS CIRCUIT Core*	•
30:30 Interval	•
MMA	•
Constant Power Watts	•
Constant Power METs	•

WORKOUT BOOSTERS

X-Mode™	•
GluteKicker™	•
ArmBlaster	•

PRODUCT SPECIFICATIONS

Max user weight	400 lbs (181 Kg)
Footprint (W x L)	33" x 77" (84 cm x 196 cm)
Footprint - live area (W x L)	37" x 87" (94 cm x 221 cm)
Product weight	342 lbs (155 Kg)
Footprint with CROSS CIRCUIT stands (W x L)	37" x 87" (94 cm x 221 cm)
Product weight with CROSS CIRCUIT stands	392 lbs (178 Kg)

WARRANTY

Parts	3 years
Labor	1 year

Warranty outside the US and Canada may vary.

SMART CONSOLE



STANDARD CONSOLE



PERSONAL VIEWING SCREEN



HOTEL FITNESS®
TRUE®
AUTHORIZED DEALER



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*Smart console only