

#### **EXPECT INNOVATION** >

Octane Fitness has redefined seated exercise with the unparalleled xRide recumbent elliptical. With a proud history of continual breakthroughs, our passion is to create innovative fitness equipment that delivers superior workouts and exceptional performance to fuel the lives of every exerciser – including beginners, athletes and those in physical therapy or rehab.



#### CUSTOMIZED COMFORT

The Active Seat Position<sup>™</sup> customfits exercisers with multiple height and tilt adjustments that open the torso and maximize use of the hip muscles. The wide cushioned seat, supportive backrest, MultiGrip handlebars and oversized soft grip pedals comfortably position users for optimal performance in leisurely or vigorous workouts.

### CLASSIC CONSOLE

With it's simple console design, the xR6 Classic displays all essential workout data without the extra

Use the Workout Boosters on the xR6 Classic console to turn it into your own personal trainer. Whether you want to work your upper-body, lower-body or your whole body, the Chest Press, Leg Press and Muscle Endurance programs are specifically designed to provide variety, motivation and results.

# XRide

#### HIGHLY EFFECTIVE WORKOUT YOU CAN GET SITTING DOWN





#### LOWER-BODY MOTION

Thanks to unique PowerStroke pedal motion on the xRide, you benefit from full leg extension and maximum range of motion, which can activate more muscles and burn max calories.

Also, by varying your foot position on the oversized pedals – such at pushing with only the balls of the feet or the heels – you can change how the muscles are engaged. Point toes out to activate the inner thighs, point toes inward to activate the outer thighs.



## UPPER-BODY WORKOUT

The patented MultiGrip handlebars enable users to target different muscles using various grips, emphasize pushing or pulling motions or even challenge themselves by using only one arm at a time. Plus, exercisers can periodically isolate the upper body by taking the legs out of the action using the stationary foot pegs.



## SPECIFICATIONS

PowerStroke	•	Leg Press
Step-through design		Chest Press
Soft grip pedals	•	Muscle Endurance
Stationary foot pegs	ан (т. 1996) С	Product Specificat
MultiGrip handlebars		Max user weight
Stationary handlebars	ж	
Seat height adjustments	20	Assembled Height
Seat tilt adjustments	5	Footprint (W x L)
Water bottle holders	· · ·	
Pedal straps (optional)		Product weight
Transport wheels	•	Shipping Specifica
		Box Dimensions (L
Resistance levels	20	Box Weight
		Warranty
Number of programs on console	5	Frame
		Parts
Resistance programs		Labor

#### \*Warranty outside the USA and Canada may vary.

\*\*Compatible with Bluetooth 4.0; 4th generation iPad or later, iPad Mini 2 or later, iPhone 5 or later, iPod Touch 6th generation or later; running iOS 10.0 or later. Internet connectivity required for certain videos either through WiFi or mobile networks (GSM/3G/4G/LTE). Android Tablets running Android OS 5.0 or later, 1 GB of RAM (not compatible with Android phones). hotelfitness.com 800.291.0403 info@hotelfitness.com



 $\times W \times H$ 

300lbs (136Kg)

56\* (142.2cm)

35" x 71" (89 x 181cm)

> 244lbs (110.7Kg)

74" x 30" x 31"

282lbs

Lifetime

5 years

1 year

a continual effort to improve our products, specifications are subject to change. Octane Fitness and xRide are registered trademarks of Octane Fitness. Any use of these trademarks, without the express written consent of Octane Fitness, is forbidden. Polar, iPad, Bluetooth 4.0 and ANT+ are registered trademarks of their respective owners.