

BEST SELLING, AWARD WINNING ELLIPTICAL

OCT-100921 (Standard Console)

- Space-Efficient Design
- Two console options
- Converging Path & Multi-Grip Handlebars
- 20.5 Stride Length





UPPER-BODY ERGONOMICS

Patented MultiGrip and Converging Path handlebars engage the upper body and custom-fit exercisers.



LOW CEILING HEIGHT CLEARANCE

Significantly shorter than other premium elliptical machines or treadmills, the Q37 fits virtually anywhere. With its low stepup height and rear access, it's simple for everyone to get on and off safely.



REAL RUNNING MOTION

Delivers supremely comfortable natural movement and flow, both forward and backward.



Q37 SPECIFICATIONS

Key Manufacturing Features	OCT-100921 (Standard)
Stride Length	20.5" (52cm)
MultiGrip & Converging Path Handle	bars •
Low Step-Up Height	4" (10.2cm)
Soft Grip Pedals	•
Pedal Spacing 1.8" (4.6cm)	•
Covered Track & Rollers	•
Set of Resistance Bands	•
Water Bottle Holder	•
Electronic Features	
SmartLight	1-color
Quick Starts	1
Resistance Levels	20
MOM mode	•
Digital contact heart rate on station	ary handlebars •
Workouts	
Number of programs on console	8
Workout Boosters	
X-Mode	•
ArmBlaster	•
GluteKicker	•
Product Specifications	
Max user weight	300lbs (136Kg)
Footprint	30" x 65.5" (76 x 166cm)
Footprint - live area	34" x 76.5" (86 x 194cm)
Product weight	220 lbs (10Kg)
Warranty — Light Commercia	ı
Frame	Lifetime
Parts	2 Years
Labor	1 Year







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