

# APEX RECUMBENT ELLIPTICAL



With its advanced and innovative design, the Apex Recumbent Elliptical allows users to reap the benefits of an elliptical workout while remaining seated. The recumbent seating reduces strain on the back and joints while also providing a low-impact workout, suitable for all ages and fitness levels.

## FEATURES

- Comfortable Swivel Seat
- Step-through Design
- Upper/Lower Body Isolation
- PowerStroke Technology
- Active Seat Position for optimal comfort

## SPECIFICATIONS

DIMENSIONS (L x W)  
72" x 39" / 182cm x 98cm

STEP-UP HEIGHT  
8" / 20.32cm

PRODUCT WEIGHT  
339lbs / 154kg

COLOR  
Matte Black



## CONSOLE OPTIONS



**UNITE 16"  
TOUCHSCREEN**



**UNITE 10"  
TOUCHSCREEN**



**UNITE LED  
CONSOLE**



Side Steps

## APEX RECUMBENT ELLIPTICAL

|                          |  |   |  |
|--------------------------|--|---|--|
| TECHNICAL SPECIFICATIONS | Power Source                           | Self-Generating (100-220V required with non-LED consoles)   |  |
|                          | Cord Length                            | 12' / 3.7M  |  |
|                          | Drive System                           | Front Drive   |  |
|                          | Frame Construction                     | Robotically Welded Heavy-Gauge Steel  |  |
|                          | Resistance Levels                      | 30  |  |
|                          | Pedals                                 | Oversized Soft-Grip Pedals  |  |
|                          | Swivel Seat                            | Yes   |  |
|                          | Handlebar Design                       | Exercise Arms-Ergonomic Handles with moisture-resistant multi-grip  |  |
|                          | Seat Height Adjustments                | 20  |  |
|                          | Folding Armrests                       | Optional  |  |
|                          | Stationary Footpegs                    | Yes   |  |
|                          | Quick Access Control                   | Fingertip controles on stationary handles   |  |
|                          | Upper Body Isolation                   | Yes   |  |
|                          | Lower Body Isolation                   | Yes   |  |
|                          | Total Body Workout                     | Yes   |  |
|                          | Maximum Workload                       | 40-600 watts  |  |
|                          | Contact Heart Rate Monitoring          | Yes   |  |
|                          | Wireless Heart Rate Monitoring         | Polar® Compatible Bluetooth   |  |
|                          | AVAILABLE CONSOLES                     | Unite 16", Unite 10", and Unite LED   |  |
|                          | WORKOUTS                               | Unite 16" and Unite 10" Consoles  | 10K, 30 30, 5K, CALORIE GOAL, CARDIO CHALLENGE, DISTANCE GOAL, DRAW YOUR OWN, HALF MARATHON, HILL INTERVALS, HRC CRUISE CONTROL, LEG SHAPER, MMA, QUICK START, ROLLING HILLS, SINGLE HILL, TARGET HRC, TIME GOAL, VIRTUAL RIDE |
| LED Console              |  | 10K, 30 30, 5K, CALORIE GOAL, CARDIO CHALLENGE, DISTANCE GOAL, HALF MARATHON, HILL INTERVALS, HRC CRUISE CONTROL, LEG SHAPER, MMA, QUICK START, ROLLING HILLS, SINGLE HILL, TARGET HRC, TIME GOAL |  |
| WORKOUT BOOSTERS         | Unite 16", Unite 10", and LED Consoles | X-MODE, LEG PRESS, CHEST PRESS  |  |
| SAFETY                   | Side Steps                             | Yes   |  |
|                          | Step-Through Design                    | Yes   |  |
| EXTRAS                   | Accessories                            | Water Bottle Holder, Accessory Tray, Reading Rack/Tablet Holder   |  |
| PHYSICAL SPECIFICATIONS  | Footprint                              | 72" x 39" / 182cm x 98cm  |  |
|                          | Machine Weight                         | 339 lbs / 154 kg  |  |
|                          | Shipping Weight                        | 518 lbs / 235 kg  |  |
|                          | Maximum User Weight                    | 400 lbs / 181 kg  |  |
|                          | Portability                            | 2 Front Transport Wheels  |  |
| WARRANTY                 | Frame                                  | 7 Years   |  |
|                          | Parts                                  | 3 Years   |  |
|                          | Labor                                  | 2 Years   |  |

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.

