

# FUSE-1200 SEATED ROW



Modern and comprehensive strength conditioning series designed to meet the space and performance demands of today's fitness facilities. The user-friendly features and performance will appeal to a wide variety of users.

## FEATURES

- Five position seat uses four-bar linkage with gas cylinder assist for stable, low friction adjustments
- Eight position chest pad accommodates wide range of users
- Unilateral arms diverge to maximize articulation of the shoulder and allow for a complete range of motion
- Handles rotate freely for exercise variation

## USER AMENITIES

- Height Adjustment Guide
- Step-by-step exercise chart with easy to follow user instructions
- Accessory Tray with Cup Holder
- Integrated Towel Holder

## SPECIFICATIONS

**DIMENSIONS (L x W x H)**  
53" x 56" x 58" / 135 cm x 142 cm x 147 cm

**WEIGHT STACK OPTIONS**  
170 lbs / 77 kg (standard weight stack)  
250 lbs / 113 kg (heavy weight stack)

**PRODUCT WEIGHT**  
458 lbs / 208 kg (standard weight stack)  
538 lbs / 244 kg (heavy weight stack)

**COLOR OPTIONS**  
Frame comes standard with matte black powder coat finish. Custom frame and upholstery available.

### ADJUSTMENT GUIDE

HEIGHT	METRIC	SEAT
5' 2" AND UNDER	157cm	5
5' 7"	170cm	4
5' 10"	178cm	3
6'	183cm	2
6'2" AND OVER	188cm	1

Easy to view Height Adjustment Guide shows proper seat placement based on height

