

# FUSE-1400 ABDOMINAL



Modern and comprehensive strength conditioning series designed to meet the space and performance demands of today's fitness facilities. The user-friendly features and performance will appeal to a wide variety of users.

## FEATURES

- Five position seat uses four-bar linkage with gas cylinder assist for stable, low friction adjustments
- Four position adjustable roller pad with dual hand grips allows users to determine range of motion best suited to their individual needs
- Contoured lumbar pad encourages pelvic stabilization and isolation of abdominal region
- Low seat frame and open design for ease of entry and exit of machine

## USER AMENITIES

- Step-by-step exercise chart with easy to follow user instructions
- Accessory Tray with Cup Holder
- Integrated Towel Holder
- Height Adjustment Guide

## SPECIFICATIONS

**DIMENSIONS (L x W x H)**  
46" x 35" x 63" / 117 cm x 89 cm x 160 cm

**WEIGHT STACK OPTIONS**  
170 lbs / 77 kg (standard weight stack)  
250 lbs / 113 kg (heavy weight stack)

**PRODUCT WEIGHT**  
413 lbs / 187 kg (standard weight stack)  
493 lbs / 223 kg (heavy weight stack)

**COLOR OPTIONS**  
Frame comes standard with matte black powder coat finish. Custom frame and upholstery available.

### ADJUSTMENT GUIDE

HEIGHT	METRIC	SEAT
5' 2" AND UNDER	157cm	5
5' 7"	170cm	4
5' 10"	178cm	3
6'	183cm	2
6'2" AND OVER	188cm	1

Easy to view Height Adjustment Guide shows proper seat placement based on height

