

# TMS16000

## 4 MODULAR FRAMES

### WITH TRIPLE CABLE CROSSOVERS



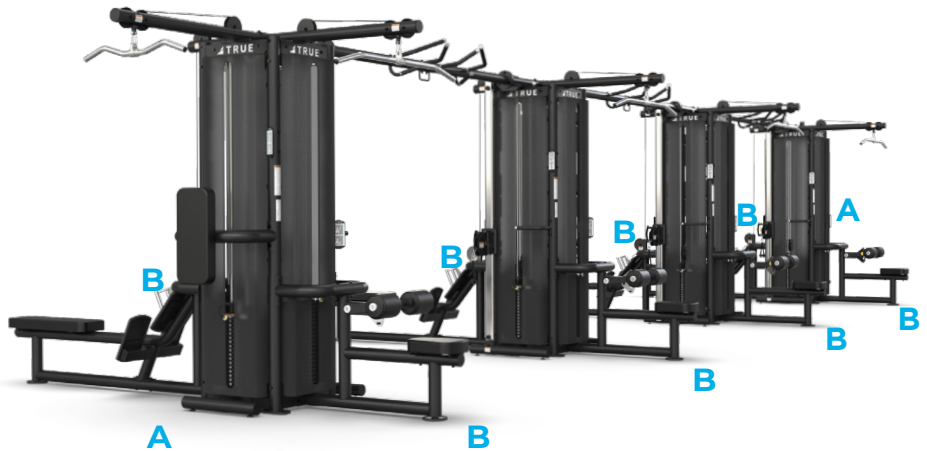
With four TMS4000 4-sided pods and three Cable Crossovers, the TMS16000 can be configured to fit in the center of a room or positioned up against a wall or mirror.

#### FEATURES

- Comes standard with 4x TMS4000 4-Sided Pods attached to 3x Adjustable Cable Crossovers with multi-grip chin bars and suspension brackets
- Personalize paint colors and upholstery
- 16 weight stack configuration shown with optional front and rear shrouds

#### END AND SIDE STATIONS

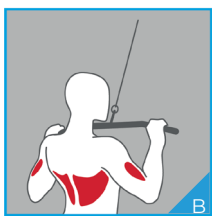
- A** POSITION ENDS (MAX 2, MIN 1)
- Single Adjustable Cable Column
  - Biceps Curl (as shown)
  - Triceps Extension (as shown)
- B** POSITION SIDES (MAX 8, MIN 4)
- Lat Pulldown (as shown)
  - Seated Low Row (as shown)



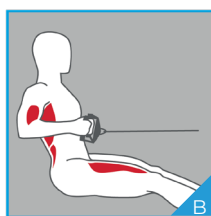
#### SPECIFICATIONS

DIMENSIONS (L x W x H)  
 458" x 145" x 96" /  
 1,163 cm x 368 cm x 243 cm  
 (dimensions for unit as shown)

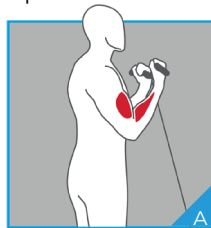
COLOR OPTIONS  
 Frame comes standard with matte black powder coat finish. Custom frame and upholstery options available.



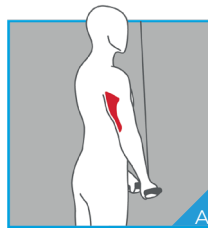
**TMS1100**  
**LAT PULLDOWN**  
 Adjustable thigh pad assembly with elevated weight stack for easy access.



**TMS1200**  
**SEATED LOW ROW**  
 Elevated seat position minimizes floor space.



**TMS0600**  
**BICEPS CURL**  
 Space efficient biceps curl station.



**TMS0500**  
**TRICEPS EXTENSION**  
 Triceps station with comfortable upholstered back support pad.



**TMS0070**  
**SINGLE ADJUSTABLE CABLE COLUMN**  
 Single adjustable cable column with swivel pulley housing and easy lift handle. 25 different positions.