

# echelon<sup>TM</sup> STRIDE-7s

## HEAVY-DUTY COMMERCIAL TREADMILL

### COMMERCIAL DURABILITY WITH LIVE AND ON-DEMAND STUDIO CLASSES

- + HUGE 32" CLASS HD TOUCHSCREEN
- + LIVE & ON-DEMAND CLASSES
- + REAL-TIME PERFORMANCE STATS
- + UP TO 15.5 MPH & 16 INCLINE LEVELS
- + DURO50 CUSHIONED SUSPENSION



LIVE & ON-DEMAND  
TREADMILL CLASSES



RUN WITH CERTIFIED  
RUNNING INSTRUCTORS

#### EXPERIENCE

Discover a world of live and on-demand treadmill classes led by motivating instructors who inspire guests to reach their fitness goals.

#### DURABILITY

The impact-absorbing running deck and steel frame are designed for heavily trafficked gyms and fitness facilities.

#### PERFORMANCE

Access speed and incline settings from the HD Touchscreen or easy-access handlebar controls for smooth adjustments during every workout.

## ECHELON COMMERCIAL MEMBERSHIP

#### TREADMILL CLASSES

Enjoy live and on-demand treadmill workouts like sprints, hills, interval training, endurance runs, and more.

#### OFF-EQUIPMENT WORKOUTS

Access more than 2,000 off-equipment workouts including HIIT, Kickboxing, Pilates, and more from the built-in screen.

#### SCENIC ROUTES

Tour the world and run through beautiful destinations along with others on the Echelon leaderboard.

#### EXCLUSIVE LICENSED MUSIC

Jam out to artist-themed treadmill workouts and exclusive class playlists featuring chart-topping hits both old and new.

#### BLUETOOTH® COMPATIBLE

Sync wireless *Bluetooth*® headphones and heart rate monitor with the treadmill for fully immersive training that takes workouts to the next level.

# STRIDE-7S FEATURES

- + 32" CLASS HD TOUCHSCREEN
- + LIVE & ON-DEMAND TREADMILL CLASSES
- + INTEGRATED HEART RATE SENSORS
- + DURO50 SUSPENSION RUNNING DECK
- + SPEEDS UP TO 15.5 MPH
- + 16 INCLINE LEVELS
- + BUILT-IN COOLING FAN
- + LARGE SIDE STEPS FOR EASY STEP-OFF
- + (2) WATER BOTTLE HOLDERS & ACCESSORY TRAY
- + **ENHANCED SAFETY:** SAFETY STOP LANYARD & EMERGENCY STOP BUTTON & SAFETY RAIL UNDER REAR FRAME
- + HANDLEBAR INCLINE/SPEED CONTROLS

## SPECIFICATIONS

|                              |  |
|------------------------------|--|
| MODEL #                      | ECH-STRIDE-T-7s-32   |
| POWER REQUIREMENT            | 120V 60Hz 15A (Requires NEMA 5-20P outlet)   |
| INCLINE                      | 16 Levels / Max Incline 15%  |
| MIN SPEED                    | 0.5 mph (increments of 0.1 mph)  |
| MAX SPEED                    | 15.5 mph (increments of 0.1 mph)   |
| MOTOR                        | Commercial-grade 3.0 HP AC motor (6.0 HP peak)   |
| RUNNING SURFACE DIMENSION    | 22" W x 60" L x 6.5" H; 56 W x 152 L x 16.5 cm H   |
| ASSEMBLED PRODUCT DIMENSIONS | 36" W x 81" L x 63" H; 91 W x 205 L x 160 cm H   |
| UNIT WEIGHT                  | 334 lbs; 151.5 kg  |
| MAX USER WEIGHT              | 400 lbs; 181 kg  |
| DECK SUSPENSION              | Impact-Absorbing Duro50 Suspension   |
| SAFETY STOP                  | Pull-Out Lanyard & Emergency Stop Button & Safety Rail Under Rear Frame                                      |
| PERFORMANCE STATS            | Leaderboard Ranking, Distance, Incline, Speed, Time, Calorie Burn, Pace, and Pulse for Heart Rate Monitoring |
| SPEAKERS                     | (2) 5-Watt Speakers  |
| BLUETOOTH                    | Bluetooth® 5.0 Connectivity (Audio and Heart Rate)   |
| WATER BOTTLE HOLDERS         | 2 Included   |
| WARRANTY                     | Frame - Lifetime; Motor - 5 Years; Parts - 3 Years; Labor - 2 Years  |